

Chulu East Peak Climbing in Nepal

Quick Facts

Duration:	12
Max Altitude:	6584
Best Season:	Sept - Nov & March - May
Group Size:	15
Accommodation:	4 Star/ Star Hotel, Tent and Tea House
Route:	Kathmandu to Kathmandu
Difficulty:	Challenging

Trip Overview

The Chulu East Peak Expedition is a best choice if you want to experience both trekking and climbing in the Himalayas without jumping straight into extremely technical mountaineering in Nepal. This adventure takes you into the beautiful Annapurna region, following scenic trails through traditional mountain villages and the stunning Manang Valley before reaching the high alpine landscapes near the peak.

As you gradually gain altitude, the views become more dramatic, with snow-covered ridges, vast glaciers, and some of the most iconic Himalayan mountains surrounding you. By the time you stand on the summit of Chulu East at 6,584 meters, you'll be rewarded with breathtaking panoramas of Annapurna II, III, [Gangapurna](#), [Tilicho Peak](#), and many other towering peaks that make this region so special.

Our 12-day itinerary is carefully designed to make the journey comfortable, enjoyable, and achievable even for trekkers who are new to Himalayan peak climbing. We take the time to acclimatize properly while exploring beautiful villages and peaceful mountain trails before moving toward the climbing section of the expedition.

With the support of our experienced guides and climbing team, you'll learn how to use essential equipment and safely make your way to the summit. The whole journey feels less like a difficult expedition and more like an unforgettable adventure through the heart of the Himalayas, perfect for anyone dreaming of standing on a Himalayan peak while enjoying the culture, scenery, and warmth of Nepal along the way.

Why Climb Chulu East Peak in Nepal?



Climbing Chulu East is a great option if you want to step beyond regular trekking and experience what it feels like to stand on a Himalayan summit. The journey takes you through the beautiful Annapurna region, passing traditional villages, wide alpine valleys, and stunning mountain scenery before reaching the higher glaciers near the peak. It's not just about the summit, the entire route is full of incredible views, friendly local culture, and peaceful trails that make the adventure feel rewarding from start to finish.

Another reason many climbers choose Chulu East is that it offers a real climbing experience without being overly technical. With the help of experienced guides, you'll learn to use climbing gear like crampons and ice axes while making your way up snowy slopes. It's an exciting and achievable challenge for trekkers who want to try Himalayan climbing while still enjoying the beauty and culture of the Annapurna region.

How Much Does the Chulu East Peak Expedition Cost?

The cost of a Chulu East Peak expedition usually depends on the level of service, group size, and what is included in the package. Most expeditions range between USD 2,200 to USD 3,500 per person, covering permits, guides, accommodation, meals during the trek, and climbing support. Some packages may also include transportation, climbing equipment, and hotel stays in Kathmandu.

While the price may seem like a big investment, it covers many essential logistics that make the expedition safe and comfortable. Permits, experienced climbing guides, support staff, and proper acclimatization planning all play an important role in helping climbers reach the summit successfully. Choosing a well-organized expedition ensures you can focus on enjoying the journey rather than worrying about the details.

What is the Itinerary for the Chulu East Peak Expedition?

The expedition usually takes around 12 days, beginning with a drive from Kathmandu to the Annapurna region and then trekking toward the Manang Valley. Along the way, you'll pass through scenic villages, gradually gaining altitude while giving your body time to adjust. After reaching the higher camps near Chulu East, the climbing phase begins, where guides provide support and basic training before the summit attempt.

Summit day is the most exciting part of the journey, starting early in the morning as you climb across snow slopes toward the top. After enjoying the incredible mountain views from the summit, the route continues back down through the same beautiful landscapes before returning to Kathmandu. The itinerary is designed to balance adventure, acclimatization, and comfort so that the whole experience feels smooth and enjoyable.

Best Time to Climb Chulu East Peak

The best seasons to climb Chulu East are spring (March to May) and autumn (September to November). During these months, the weather is usually stable, the skies are clear, and the mountain views are at their best. Temperatures are also more comfortable for both trekking and climbing, which makes the journey safer and more enjoyable.

Spring is especially beautiful because the lower trails are full of blooming rhododendron forests, while autumn offers crystal-clear mountain views after the monsoon rains. These seasons are popular among trekkers and climbers because they provide the best balance of good weather, stable climbing conditions, and incredible scenery.

Chulu East Peak vs Chulu West Peak: What's the Difference?



Chulu East and Chulu West are two neighboring peaks in the Annapurna region, but they offer slightly different climbing experiences. Chulu East is generally considered the more popular option because the route is a bit more straightforward and suitable for climbers who are trying a Himalayan peak for the first time. It still requires basic climbing skills, but the ascent is usually more accessible with the support of experienced guides.

[Chulu West peak climbing](#), on the other hand, is slightly higher and more technical, making it a better choice for climbers with more mountaineering experience. While both peaks offer incredible views of the Annapurna and Manaslu ranges, Chulu East tends to attract adventurers looking for a balanced experience of trekking, learning climbing skills, and reaching a rewarding Himalayan summit.

Detailed Itinerary

Day 1: Arrival in Kathmandu

Arrive at Tribhuvan International Airport, Kathmandu, where you'll be welcomed by our Summit 8000 team and transferred to your 4 or 5 star hotel. Take the day to rest, recover from your flight, and prepare for the Himalayan journey ahead. Depending on your arrival time, you can explore the vibrant streets of Thamel, enjoy local cuisine, or attend an expedition briefing covering safety, equipment, and itinerary details.

Accommodation: 1350

Meals: Welcome Dinner

Day 2: Drive from Kathmandu to Chame

Begin your adventure with a scenic drive to Chame, the gateway to the Annapurna region. The distance between Kathmandu and Chame is around 249 km. The route follows rivers, terraced farmland, and forested hills, offering spectacular views of snow-capped peaks along the way. Upon arrival, settle into a teahouse and enjoy the peaceful mountain surroundings while acclimatizing for the trek ahead.

Accommodation: 2715

Meals: Breakfast

Day 3: Trek from Chame to Pisang

The trek starts with the mountain guide's brief of the day and then walks through the gentle trails of pine forests and traditional villages. Enjoy panoramic views of Pisang Peak and the northern face of Annapurna II. This day helps your body adjust to the altitude while immersing you in local culture, prayer flags, and Himalayan landscapes. Evening is perfect for rest and photography.

Accommodation: 3250

Meals: B, L, & D

Day 4: Trek from Pisang to Ngawal



After your breakfast in the tea house, you will start your walk to the Nagawal, where the trail climbs gradually through terraced fields and small villages, leading to Ngawal, a village known for its Tibetan Buddhist culture. Explore local monasteries, enjoy stunning mountain vistas, and spend the evening acclimatizing before higher altitude trekking begins.

Accommodation: 3860

Meals: B, L, & D

Day 5: Acclimatization & Rest Day at Ngawal

The fifth day of your journey is a very crucial day for acclimatization. You will take short hikes near ridges to help your body adjust to higher altitudes. Our experienced mountain guides may also provide training on crampons, ice axes, and climbing techniques, preparing you for the summit push.

Accommodation: 3860

Meals: B, L, & D

Day 6: Trek from Ngawal to Yak Kharka

Trekking today takes you higher into alpine landscapes, with grazing fields and glacial streams along the way. Yak Kharka offers simple teahouse accommodation and a serene environment, allowing your body to adapt to the growing altitude while you enjoy panoramic views of the surrounding peaks.

Accommodation: 4050

Meals: B, L, & D

Day 7: Trek from Yak Kharka to High Camp

The ascent to High Camp at an altitude of 5600 meters is challenging but rewarding. Snow-covered slopes, rocky ridges, and glacier views dominate the landscape. High Camp serves as your base for the summit attempt, and here you'll finalize your climbing preparations with the guidance of our experienced Himalayan climbing team.

Accommodation: 5600

Meals: B, L, & D

Day 8: Summit Chulu East Peak & Return to Ngawal

Summit day is the highlight of the expedition. Start early before sunrise, navigating snow slopes with crampons and ice axes under expert supervision. Reach the summit of Chulu East Peak to enjoy breathtaking views of Annapurna II, Tilicho Peak, Gangapurna, and the Manaslu range. After celebrating your achievement, descend to Ngawal for rest and reflection on this unforgettable Himalayan experience.

Accommodation: 6584

Meals: B, L, & D

Day 9: Reserve Day (Weather Backup)



The ninth day is reserved in case of adverse weather or for additional acclimatization. Safety is our top priority, and having a buffer day increases the chances of a successful summit. Optional short hikes around Ngawal provide extra exploration and photography opportunities.

Accommodation: 5600

Meals: B, L, & D

Day 10: Trek to Humde and Drive to Besisahar

Descend through picturesque valleys, alpine landscapes, and local villages toward Humde. From here, board a vehicle to Besisahar, enjoying views of terraced fields and rivers along the way. This day allows your body to recover while experiencing the diverse terrain of the Annapurna region.

Accommodation: 760

Meals: B, L, & D

Day 11: Drive from Besisahar to Kathmandu

Return to Kathmandu by road, witnessing the transition from high mountains to the bustling city. In the evening, explore Thamel for souvenirs, enjoy local cuisine, or celebrate the completion of your Chulu East Peak expedition with your team.

Accommodation: 1350

Meals: Breakfast

Day 12: Departure from Kathmandu

After breakfast, transfer to Tribhuvan International Airport for your departure flight. Take home memories of a lifetime summiting a Himalayan peak, experiencing Nepalese culture, and trekking through some of the most scenic landscapes in the world. Please don't forget to give us a review on the Trip Advisor or google to help other trekkers and climbers to experience their memories with us.

Gears Lists

Head & Sun Protection

- Warm hat / beanie for cold weather
- Sun hat or cap for daytime trekking
- Balaclava or neck gaiter
- Sunglasses (UV protection, glacier glasses recommended)
- Sunscreen (high SPF) and lip balm



Upper Body Layers

- Lightweight moisture-wicking base layers (long sleeve shirts)
- Insulating mid-layers (fleece jackets or down vest)
- Waterproof and windproof outer shell (jacket with hood, Gore-Tex recommended)
- Down jacket for summit day (warmest layer)
- Trekking t-shirts for lower altitudes

Lower Body Layers

- Trekking pants (quick-dry and comfortable)
- Insulated pants for high-altitude climbing
- Thermal leggings or long underwear for cold nights
- Waterproof pants for snow or rain

Footwear & Accessories

- Sturdy trekking boots (well broken-in, waterproof)
- Mountaineering boots for summit day (double or single insulated, compatible with crampons)
- Gaiters to keep snow out
- Warm socks (wool or synthetic, several pairs)
- Lightweight sandals or shoes for evenings in teahouses
- Crampons (usually provided, confirm with operator)

Personal & Medical Kit

- Personal first aid kit (bandages, blister pads, antiseptic, etc.)
- Prescription medications
- Painkillers and altitude sickness medication (consult your doctor)
- Water bottles or hydration bladders
- Water purification tablets or a filter
- Headlamp with extra batteries
- Personal toiletries (toothbrush, toothpaste, biodegradable soap, wet wipes)

Travel Documents

- Passport (with a valid Nepal visa)
- Travel insurance (including high-altitude and evacuation coverage)
- Expedition permits
- Copies of important documents



Miscellaneous

- Backpack (35-50L for trekking, waterproof cover recommended)
- Sleeping bag (rated for -15°C to -20°C for high camp/summit nights)
- Trekking poles
- Camera / smartphone + chargers
- Snacks / energy bars
- Lightweight travel towel
- Notebook and pen (optional for journaling)

Cost Includes

1. All necessary trekking and climbing permits for the Annapurna region and Chulu East Peak.
2. Experienced Himalayan climbing guides and support staff throughout the trek and summit attempt.
3. Accommodation in hotels in Kathmandu (4-5 star) and teahouses/lodges during the trek.
4. Meals during the trekking and climbing days (breakfast, lunch, and dinner).
5. Transportation from Kathmandu to Chame, return from Besisahar to Kathmandu.
6. Acclimatization support and basic climbing training (use of crampons, ice axes, etc.).
7. Safety equipment provided by guides during the climb (ropes, harnesses, helmets, etc.).
8. Itinerary planning and expedition briefing, including cultural and scenic exploration
9. Reserve/wait days for weather or acclimatization backup.

Cost Excludes

1. International airfare to and from Kathmandu.
2. Personal climbing gear (e.g., boots, gloves, and jackets)
3. Travel insurance, including emergency evacuation or medical coverage.
4. Visa fees for Nepal.
5. Personal expenses like snacks, beverages, laundry, phone/internet, and souvenirs.
6. Tips for guides, porters, and drivers.
7. Optional activities in Kathmandu or along the trek not mentioned in the itinerary.

