

Nuptse Peak Expedition

Quick Facts

Duration:	46
Max Altitude:	7861
Best Season:	Sept - Nov & March - May
Group Size:	25
Accommodation:	4 Star/ Star Hotel, Tent and Tea House
Route:	Kathmandu to Kathmandu
Difficulty:	Strenuous

Trip Overview

The Nuptse Peak Expedition in Nepal 2026/2027 is one of the most demanding and prestigious Himalayan climbing adventures, offering seasoned mountaineers a rare opportunity to conquer one of the most technical peaks in the Everest region. Standing at 7,861 meters (25,791 ft).

Nuptse Mountain forms a dramatic ridge west of Mount Everest and is globally respected for its steep ice walls, exposed ridgelines, and complex alpine terrain.

Unlike commercial climbs, the Nuptse climb requires strong technical proficiency, high-altitude endurance, and real expedition experience. The route to the Nuptse Summit involves advanced rope work, mixed climbing, ice sections, and sustained exposure, making it suitable only for climbers with prior 6,000-7,000-meter peak experience.

Because of its proximity to Everest, the expedition also offers breathtaking views of Everest, Lhotse, Ama Dablam, and the surrounding Khumbu giants making the Nuptse Everest region one of the most spectacular high-altitude environments on Earth.

This Nuptse Adventure follows a carefully structured acclimatization schedule, ensuring climbers adapt safely to extreme altitude while minimizing risks associated with AMS, HAPE, and HACE. Every phase of the expedition from trekking to Everest Base Camp, rotation climbs, high camp setup, to summit push is conducted using internationally recognized mountaineering safety standards and proven logistical planning.



Choosing the right expedition operator is critical for a peak as serious as Nuptse. Summit 8000 brings extensive hands-on Himalayan experience, certified climbing guides, Sherpa teams with successful Nuptse and 8,000-meter ascents, and a strong safety record built on real expedition knowledge not theory.

Our team emphasizes transparent communication, proper load management, reliable equipment, and ethical climbing practices, ensuring trust and confidence throughout the journey.

With optimal climbing windows in spring and autumn, professional route fixing, and personalized expedition support, the Nuptse Peak Expedition 2026/2027 with Summit 8000 is designed for climbers who seek authenticity, safety, and true alpine achievement. This is not just a climb it is a test of skill, discipline, and commitment in one of the most respected mountains of the Himalayas.

Why Choose Nuptse Peak Expedition in Nepal in 2026/2027?

The Nuptse Peak Expedition in Nepal 2026/2027 is ideal for climbers seeking a serious Himalayan challenge beyond standard commercial peaks. Nuptse is known for its highly technical routes, extreme exposure, and demanding alpine conditions, making it one of the most respected peaks in the Everest region.

The 2026/2027 seasons offer stable climbing windows, improved logistics, and well-established safety protocols. Choosing this expedition allows climbers to experience an authentic Nuptse Adventure, test advanced mountaineering skills, and attempt a prestigious Nuptse Summit with proper acclimatization and expert support.

Who is Nuptse Peak Adventure Suitable For?

The Nuptse Peak Adventure is suitable for experienced mountaineers who have previously climbed 6,000–7,000-meter peaks and are confident in technical climbing. Participants should have solid experience with fixed ropes, ice climbing, mixed terrain, and high-altitude endurance.

This expedition is not recommended for beginners; instead, it is designed for climbers preparing for future 8,000-meter expeditions or those seeking a technically demanding Nuptse climb near Everest.

When is the Best Time for Nuptse Peak Summit?

The best time for the Nuptse Peak Summit is during spring (April to May) and autumn (September to October). In spring, climbers benefit from stable weather, longer daylight hours, and well-established routes in the Nuptse Everest region.

Autumn offers clear skies, colder but stable conditions, and excellent visibility of surrounding Himalayan peaks. These seasons provide the safest and most reliable conditions for a successful Nuptse Mountain expedition.

Where is Nuptse Peak Located?

Nuptse Peak is located in eastern Nepal's Khumbu region, within the Sagarmatha National Park, west of Mount Everest and south of Lhotse. The mountain forms a dramatic ridge separating the Everest and Lhotse massifs, making



it a prominent feature of the Everest Base Camp area. Its strategic location offers climbers close-up views of Everest, Ama Dablam, and other iconic Himalayan peaks during the expedition.

How is Nuptse Peak Climb Conducted?

The Nuptse Peak climb is conducted using a classic expedition-style approach. Climbers trek to Everest Base Camp, followed by a structured acclimatization program with multiple rotation climbs. The ascent involves establishing high camps, fixing ropes on technical sections, and navigating steep ice and mixed terrain.

Summit attempts are carefully planned based on weather conditions and climber readiness, ensuring safety while maintaining the highest standards of professional Nuptse Adventure operations.

Why Choose Summit 8000 for the Nuptse Mountain Expeditions in Nepal?

Summit 8000 is a trusted Himalayan expedition company with extensive experience in technical peaks and high-altitude climbing. Our Nuptse Mountain expeditions in Nepal are led by certified guides and highly experienced Sherpa climbers who have proven success on Nuptse and other major Himalayan peaks.

We prioritize safety, proper acclimatization, ethical climbing practices, and personalized support. With transparent planning, quality equipment, and a strong summit-focused yet safety-first approach, Summit 8000 ensures a professional and reliable Nuptse Peak Expedition experience.

Detailed Itinerary

Day 1: Arrival in Kathmandu Valley

Upon arrival at Tribhuvan International Airport, you will be warmly welcomed by our team and transferred to your hotel in Kathmandu. After check-in, you can rest from your journey or explore the nearby streets. Kathmandu is the cultural gateway to the Himalayas and offers a first glimpse into Nepal's rich heritage. In the evening, our representative will brief you about the upcoming days.

Accommodation: 1400

Meals: Welcome Dinner

Day 2: Rest Day in Kathmandu - Expedition Briefing & Preparation

This day is dedicated to expedition preparation. You will attend a detailed Nuptse Peak expedition briefing covering route plans, safety procedures, acclimatization strategy, and summit logistics. Gear checks are conducted to ensure all technical equipment meets expedition standards. Necessary permits are finalized, and climbers may use free time for last-minute shopping or rest before heading to the mountains.

Accommodation: 1400



Meals: Breakfast

Day 3: Fly from Kathmandu to Lukla & Trek to Phakding

An early morning scenic flight takes you to Lukla, the gateway to the Everest region. After landing, the trek begins through traditional Sherpa villages, prayer wheels, and mani stones. The trail gently descends along the Dudh Koshi River to Phakding, allowing your body to begin adapting to altitude.

Accommodation: 2800

Meals: B, L, & D

Day 4: Trek from Phakding to Namche Bazaar

Today's trek includes several suspension bridges and a gradual ascent through pine forests. After entering Sagarmatha National Park, the trail climbs steeply to Namche Bazaar, the commercial hub of the Khumbu region. Weather permitting, you'll catch your first views of Everest and surrounding peaks.

Accommodation: 3440

Meals: B, L, & D

Day 5: Acclimatization Day at Namche Bazaar

Proper acclimatization is crucial for the Nuptse climb. A short hike to Everest View Hotel or nearby ridges helps your body adjust to altitude. The rest of the day is spent relaxing, hydrating, and exploring Namche's bakeries, shops, and museums.

Accommodation: 3440

Meals: B, L, & D

Day 6: Trek from Namche Bazaar to Debuche

The trail contours along the valley with stunning views of Ama Dablam, Everest, and Lhotse. Passing through Tengboche Monastery, the spiritual heart of the Khumbu, the trek descends slightly to Debuche, offering a peaceful overnight stay surrounded by alpine forests.

Accommodation: 3820

Meals: B, L, & D

Day 7: Trek from Debuche to Dingboche

As you move higher, the landscape becomes more rugged and alpine. The trail crosses rivers and ascends steadily to Dingboche, a traditional Sherpa settlement with stone-walled fields. This village serves as an important acclimatization stop before heading toward Everest Base Camp.

Accommodation: 4243

Meals: B, L, & D

Day 8: Trek from Dingboche to Lobuche



The trek continues along glacial moraines with panoramic views of Nuptse Mountain dominating the skyline. Passing the memorials at Thukla dedicated to climbers who lost their lives in the Himalayas, you reach Lobuche, a small settlement close to the Khumbu Glacier.

Accommodation: 4930

Meals: B, L, & D

Day 9: Trek from Lobuche to Everest Base Camp

Today you reach Everest Base Camp, your home for the climbing phase. The trail follows the Khumbu Glacier, offering dramatic views of Nuptse, Everest, and Pumori. Upon arrival, the expedition team sets up camp, and climbers settle in for the upcoming high-altitude challenge.

Accommodation: 5364

Meals: B, L, & D

Day 10 to 39: Climbing Period - Nuptse Summit

This extended period is reserved for acclimatization rotations, route fixing, and summit attempts. Climbers move between Base Camp and higher camps, gradually adapting to altitude. The Nuptse Peak climb involves steep ice walls, mixed terrain, and technical rope sections. Summit attempts are made only during optimal weather windows, following strict safety protocols. After a successful Nuptse Summit, climbers descend carefully back to Base Camp.

Accommodation: 7861

Meals: B, L, & D

Day 40: Base Camp Cleanup

In line with ethical climbing practices, this day is dedicated to cleaning Base Camp and surrounding areas. Waste is properly packed and prepared for removal, ensuring minimal environmental impact on the fragile Himalayan ecosystem.

Accommodation: 5364

Meals: B, L, & D

Day 41: Trek from Base Camp to Pheriche

Leaving Base Camp, the trek descends gradually to Pheriche, allowing your body to recover after weeks at extreme altitude. The lower elevation provides noticeable relief and improved energy levels.

Accommodation: 4371

Meals: B, L, & D

Day 42: Trek from Pheriche to Namche Bazaar

The return trek follows familiar trails back through Pangboche and Tengboche. Descending altitude, warmer temperatures, and greener landscapes mark the transition back to lower elevations.



Accommodation: 3440

Meals: B, L, & D

Day 43: Trek from Namche Bazaar to Lukla

Your final trekking day retraces the route to Lukla. In the evening, the team gathers for a farewell dinner to celebrate the successful Nuptse Adventure.

Accommodation: 2860

Meals: B, L, & D

Day 44: Fly from Lukla to Kathmandu & Transfer to Hotel

An early morning flight returns you to Kathmandu. After hotel check-in, the rest of the day is free to relax, shop, or enjoy the city.

Accommodation: 1400

Meals: Breakfast

Day 45: Leisure Day in Kathmandu

This day is reserved for rest, sightseeing, or optional cultural tours around Kathmandu Valley. It also serves as a buffer day in case of flight delays from Lukla.

Accommodation:

Meals: Breakfast

Day 46: Final Departure

Our team will transfer you to the international airport for your onward journey, marking the end of your Nuptse Peak Expedition in Nepal 2026/2027.

Gears Lists

Nuptse Peak Expedition Packing List

Head & Sun Protection

- Warm expedition beanie / wool hat
- Balaclava or thermal face mask
- Buff or neck gaiter



- UV protection glacier sunglasses (Category 4)
- Ski goggles (for summit push / storms)
- Sun hat or cap
- High SPF sunscreen (SPF 50+)
- SPF lip balm
- Headlamp with spare batteries

Upper Body Layers

- Moisture-wicking thermal base layers (2-3 sets)
- Fleece or softshell mid-layer jacket
- Insulated down jacket (expedition grade)
- Heavy expedition down parka (for high camps & summit push)
- Waterproof & windproof hardshell jacket (Gore-Tex recommended)
- Lightweight trekking shirt (long sleeve)
- Down or synthetic insulated vest (optional)

Lower Body Layers



- Thermal base layer pants (2-3 pairs)
- Softshell climbing pants
- Fleece pants for cold conditions
- Waterproof hardshell pants (Gore-Tex recommended)
- Expedition down pants (for high camps)
- Comfortable trekking pants

Footwear & Accessories

- High-altitude mountaineering boots (8000m rated)
- Lightweight trekking boots (for approach trek)
- Camp shoes or sandals
- Gaiters (waterproof)
- Expedition socks (4-5 pairs)
- Liner socks
- Down booties for camp

Gloves & Hand Protection



- Lightweight liner gloves
- Fleece gloves
- Insulated climbing gloves
- Expedition down mittens
- Waterproof shell mittens

Climbing Gear

- Climbing helmet
- Mountaineering harness
- Ice axe
- Crampons compatible with boots
- Ascender (jumar)
- Descender / belay device
- Locking carabiners (3-4)
- Non-locking carabiners (3-4)
- Climbing slings / runners
- Prusik cords



Sleeping Gear

- Expedition sleeping bag (-30°C to -40°C rating)
- Sleeping bag liner
- Inflatable sleeping mat
- Foam sleeping mat (backup insulation)

Personal & Medical Kits

- Personal first aid kit
- Altitude sickness medication
- Pain relief medicine
- Personal prescription medication
- Hand sanitizer
- Wet wipes / tissue paper
- Toothbrush & toothpaste
- Small quick-dry towel
- Blister treatment kit



Travel Documents

- Passport (valid at least 6 months)
- Nepal visa
- Expedition permit for Nuptse
- Travel insurance (high-altitude evacuation coverage)
- Passport size photos
- Flight tickets & trekking permits

Miscellaneous

- Expedition duffel bag (90-120L)
- Daypack (30-40L)
- Water bottles or thermos (insulated)
- Hydration bladder
- Power bank / solar charger
- Camera / phone
- Snacks & energy bars
- Notebook / pen

Cost Includes



- 1.** Airport arrival and departure transfers in Kathmandu
- 2.** All ground transportation as per the itinerary
- 3.** Hotel accommodation in Kathmandu on a bed & breakfast basis (twin sharing)
- 4.** Domestic flights Kathmandu – Lukla – Kathmandu including airport taxes
- 5.** All trekking and climbing accommodation (lodges during trekking, fully equipped tents at Base Camp and higher camps)
- 6.** All meals during the trek and climbing period (Breakfast, Lunch & Dinner)
- 7.** Experienced, government-licensed expedition leader and climbing guides
- 8.** Highly experienced Sherpa climbing team with successful Nuptse and 8,000m peak experience
- 9.** Porter support for trekking equipment and group gear
- 10.** Nuptse Peak climbing permit issued by the Government of Nepal
- 11.** Sagarmatha National Park entry permit and Khumbu Pasang Lhamu Rural Municipality permit
- 12.** Detailed expedition briefing and gear check in Kathmandu
- 13.** Fixed ropes, ice screws, snow bars, and route-setting equipment for the Nuptse climb
- 14.** Group climbing equipment including ropes, ladders (if required), tents, cooking gear, and dining tents
- 15.** Base Camp facilities including kitchen tent, dining tent, toilet tent, and communication equipment
- 16.** Comprehensive medical kit and high-altitude first aid supplies
- 17.** Oxygen, mask, and regulator for emergency use (not for summit oxygen)
- 18.** Weather forecasting support during the summit window
- 19.** Base Camp setup, management, and dismantling
- 20.** Base Camp cleanup and waste management following ethical climbing practices
- 21.** Daily wages, insurance, food, accommodation, and equipment for all Nepali staff
- 22.** Expedition completion certificate from Summit 8000
- 23.** Government taxes and service charges

Cost Excludes

- 1.** International airfare to and from Kathmandu
- 2.** Nepal entry visa fees
- 3.** Travel and high-altitude rescue insurance (mandatory for all climbers)
- 4.** Personal climbing gear (boots, harness, helmet, crampons, ice axes, sleeping bags, etc.)
- 5.** Personal trekking equipment and clothing
- 6.** Extra nights in Kathmandu beyond the scheduled itinerary
- 7.** Personal expenses such as laundry, phone calls, Wi-Fi, bar bills, and bottled drinks
- 8.** Tips for climbing guides, Sherpa team, porters, and staff (customary but not compulsory)
- 9.** Emergency evacuation costs not covered by insurance
- 10.** Additional oxygen used beyond emergency allocation
- 11.** Summit bonus for Sherpa (if applicable and agreed separately)
- 12.** Meals in Kathmandu except those specified
- 13.** Costs arising from itinerary changes due to weather, flight delays, political issues, or force majeure
- 14.** Any services not specifically mentioned under “Cost Includes”

