

# Pachermo Peak Climbing in Nepal

## Quick Facts

<b>Duration:</b>	16
<b>Max Altitude:</b>	6273
<b>Best Season:</b>	Sept - Nov & March - May
<b>Group Size:</b>	15
<b>Accommodation:</b>	4 Star/ Star Hotel, Tent and Tea House
<b>Route:</b>	Kathmandu to Kathmandu
<b>Difficulty:</b>	Challenging

## Trip Overview

Pachermo peak climbing in Nepal which takes you to the highest altitude of 6,273 meters 20,581 feet above sea level is of the 16-day itinerary is one of the most exceptional adventure places which is hidden from the most of the climbers all over the world. The place is located inside the untouched and remote terrain of the Rolwaling region which is known by very few people.

The journey offers a perfect balance of scenic trekking, cultural immersion, and technical alpine climbing. From the very beginning of the journey, climbers are treated to dramatic landscapes, deep valleys, glacial rivers, and traditional Sherpa settlements that reflect a lifestyle unchanged for generations.

The trekking approach of the peak in Nepal is one of the most rewarding aspects which includes the walk through the dense forests' suspension bridges, and high alpine terrain before entering the rugged glacial zone.

The peak is sometimes called as the Pharchamo peak or Parchemucho Himal by the locals. Does not matter what name you call it with the place remains quiet and peaceful, allowing you to enjoy nature without distractions.

When you are summiting the peak, you will feel the push is challenging and thrilling to you due to its snow slopes, icy sections, and exposed ridgelines that demand physical endurance and mental focus of yours. If you are an adventurous climber who wants to have genuine Himalayan experience in Nepal far from the crowded peaks such as



the Everest and Annapurna then this is the place where you shall visit and summit.

## Why Shall you do the Pachermo Peak climbing in Nepal?

There are many reasons why you should do the Pachermo peak expeditions such as the region is remote and less crowded. Its ideal place for you if you are seeking a authentic Himalayan mountaineering experience. The expeditions journey offers you the opportunity to learn and practice technical skills like snow, ice and glacier climbing experience.

You will climb the 6000-meter peak which is which is stunning in the alpine scenery, glaciers, and dramatic mountain landscapes. The travel from the start to summit and return will be peaceful and very less crowded. At summit 8000 we have also Well-planned acclimatization that increases safety and summit success for you. Upon reaching its summit you will feel the Strong sense of accomplishment due to the challenging yet achievable climb.

## Highlights of Pachermo Peak Climbing

- • Explore the untouched Rolwaling region away from crowded trekking routes.
- • Enjoy panoramic vistas of Pachermo Peak and the surrounding Himalayan giants.
- • Practice snow, ice, and glacier climbing under expert guidance.
- • Experience a rewarding climb with a sense of true achievement.
- • Visit traditional Sherpa and local mountain villages along the trail.
- • Walk through lush forests, alpine meadows, glaciers, and rivers.
- • Ideal for climbers preparing for higher Himalayan peaks.
- • Planned acclimatization hikes ensure safe altitude adaptation.
- • Less-frequented trails offer a quiet and immersive trekking experience.
- • Combines adventure, nature, and culture for a life-changing expedition.

## Pachermo Peak 16 Day Peak Climbing Itinerary

The Pachermo peak climbing itinerary is only of the 16 days. Yes, you heard it right although it is an expedition you can complete it in the less days because the highest summit you reach is only of 6000 meters. And in the 6000 meters climb generally in Nepal we reach the base camp and acclimate one day and do the summit and return to the base camp same day. It might be Strenuous but rewarding due to which its short for the climbers. However, if during the journey periods if you will need more acclimatization or practice, we can provide that accordingly.

## Why shall you do the Pachermo Peak Climbing with Summit 8000?

There are many peak climbing agencies in Nepal but what separate the summit 8000 from other is the CEO of the company Mr. Pasang Sherpa comes from the local mountains who is expert guide and have explored each and every mountain region in Nepal.

Also, at summit 8000 we make sure you develop technical skills for the mountains such as learning how to navigate through the glaciers, how to use the harness and crampons, how to do the ice arrest and every skill that a mountain



demands.

Also, we have the highest mountain summit rate compared to any other agency in Nepal. We combine trekking, climbing and mountaineering for an unforgettable Himalayan adventure.

## Detailed Itinerary

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### **Day 1: Arrival in Kathmandu**

Namaste and welcome to Nepal! Upon your arrival at Tribhuvan International Airport, you will be transferred to your hotel in Thamel. In the evening, meet your guide and fellow climbers during a traditional Nepali welcome dinner at a local restaurant. Here, you will get an overview of the expedition, safety briefings, and discuss the journey ahead.

Accommodation: 1400

Meals: Welcome Dinner

### **Day 2: Drive from Kathmandu to Gonggar Khola via Charikot**

After breakfast, embark on a scenic drive eastwards toward the Rolwaling region. Passing through charming towns and lush valleys, you will reach Gonggar Khola, your trailhead for the Pachermo Peak expedition. Overnight stay in a local guesthouse, preparing for the trek ahead.

Accommodation: 1440

Meals: Breakfast

### **Day 3: Trek from Gonggar Khola to Simigaon**

Begin your trek through dense forests and suspension bridges. The trail gradually climbs, offering glimpses of snow-capped peaks in the distance. Overnight stay at a teahouse in Simigaon, where you will experience authentic village life.

Accommodation: 2000

Meals: B, L, & D

### **Day 4: Trek from Simigaon to Dongkang**

The trek becomes more alpine as you ascend toward Dongkang. Along the trail, enjoy panoramic views of rugged ridges and cascading streams. Dongkang offers the perfect introduction to high-altitude trekking with its quiet, remote setting.

Accommodation: 3010

Meals: B, L, & D

### **Day 5: Trek from Dongkang to Beding**



Entering the heart of the Rolwaling region, the trail passes traditional Sherpa settlements and terraced fields. Beding is a picturesque village, surrounded by towering peaks, glaciers, and pristine rivers. Overnight stay in local lodges and prepare for higher altitude trekking.

Accommodation: 3693

Meals: B, L, & D

#### **Day 6: Trek from Beding to Nagaon**

Today's trek is steep and demanding, passing moraine trails and alpine meadows. The air becomes thinner, and the mountains grow larger with every step. Overnight stay in Nagaon, the gateway to the higher glacier region, allowing your body to adapt to altitude.

Accommodation: 4200

Meals: B, L, & D

#### **Day 7: Acclimatization at Nagaon & Rest Day**

Spend the day at Nagaon for acclimatization. You may take short hikes around the village, explore the surrounding terrain, and prepare your gear for the glacier trek ahead. Rest and hydration are essential for a safe climb.

Accommodation: 4200

Meals: B, L, & D

#### **Day 8: Trek from Nagaon to Chugima**

Ascending further, the landscape transforms into rocky ridges, glacial streams, and high alpine terrain. Chugima is a small high-altitude settlement, where you will spend the night in a tented camp, absorbing breathtaking mountain vistas.

Accommodation: 4920

Meals: B, L, & D

#### **Day 9: Trek from Chugima to Jaboo Glacier**

The trek takes you into the glacial zone, where crevasses, ice formations, and snowfields dominate the landscape. Under the guidance of expert Sherpa climbers, you will practice glacier navigation, ensuring safety for the coming summit push. Overnight at Jaboo Glacier Camp.

Accommodation: 5200

Meals: B, L, & D

#### **Day 10: Trek from Jaboo Glacier to Pachermo High Camp**

The final trek to High Camp is challenging but rewarding. Trekking on snow and rocky moraine, you will arrive at Pachermo High Camp, set against the backdrop of towering peaks. Overnight stay in tents, preparing for the summit attempt.



Accommodation: 5200

Meals: B, L, & D

### **Day 11: Summit Pachermo Peak and Return to High Camp**

At dawn, begin the ascent to Pachermo Peak. Navigate snow slopes, icy sections, and exposed ridgelines under expert guidance. The summit rewards you with awe-inspiring 360-degree Himalayan vistas. After celebrating this incredible achievement, descend safely to Pachermo High Camp for rest.

Accommodation: 6237

Meals: B, L, & D

### **Day 12: Trek from Pachermo High Camp via Tashi Lapcha Pass to Thengma**

Descend through the high alpine terrain via the Tashi Lapcha Pass. Enjoy the shifting landscapes of glaciers, rock formations, and valleys. Overnight stay at Thengma, reflecting on the journey and the summit experience.

Accommodation: 3800

Meals: B, L, & D

### **Day 13: Trek from Thengma to Namche Bazaar**

Continue descending through forests, rivers, and Sherpa villages. Namche Bazaar, the bustling hub of the Khumbu region, offers markets, cafes, and cultural experiences. Overnight stay at a comfortable lodge.

Accommodation: 3440

Meals: B, L, & D

### **Day 14: Trek from Namche Bazaar to Lukla**

The trek concludes with a descent through pine forests and scenic trails, arriving in Lukla. Prepare for your flight back to Kathmandu. Overnight stay in Lukla guesthouse.

Accommodation: 2860

Meals: B, L, & D

### **Day 15: Fly from Lukla to Kathmandu**

Enjoy a scenic morning flight over the Himalayas back to Kathmandu. Upon arrival, transfer to your hotel in Thamel for rest and relaxation. Spend the evening shopping for souvenirs or exploring the cultural sights of Kathmandu.

Accommodation: 1400

Meals: Farewell Dinner

### **Day 16: Transfer to Tribhuvan International Airport**

After breakfast, you will be transferred to Tribhuvan International Airport for your onward flight. Bid farewell to Nepal with unforgettable memories of Pachermo Peak and the serene Rolwaling region.



## Gears Lists

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### Clothing (Layering System)

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#### Base Layers

- Thermal tops (2-3)
- Thermal bottoms (2)
- Moisture-wicking trekking shirts (2-3)
- Lightweight trekking pants (2)

#### Insulation Layers

- Fleece jacket or pullover
- Down jacket (heavy, summit-grade)
- Insulated trekking pants

#### Outer Shell Layers

- Waterproof jacket (Gore-Tex or similar)
- Waterproof pants
- Windproof jacket

#### Additional Clothing

- Warm trekking socks (4-5 pairs)
- Liner socks (2-3 pairs)
- Underwear
- Warm hat / woolen cap
- Buff or neck gaiter
- Sun hat or cap
- Insulated gloves
- Lightweight inner gloves

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## Climbing Equipment

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- Mountaineering boots (insulated)
- Crampons
- Ice axe
- Climbing harness
- Helmet
- Carabiners (locking and non-locking)
- Ascender / Jumar
- Belay device
- Climbing rope
- Snow gaiters

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## Trekking Gear

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- Trekking boots
- Camp shoes or sandals
- Trekking poles
- Backpack (40-50 L)
- Duffel bag (for porter/yak transport)
- Sleeping bag (-20°C to -30°C)
- Sleeping bag liner
- Headlamp with spare batteries
- Water bottles (1-2 liters)
- Thermos flask
- Sunglasses (UV protection)

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## Personal Items and Toiletries

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- Sunscreen SPF 50+
- Lip balm with SPF
- Toothbrush and toothpaste
- Wet wipes
- Small quick-dry towel
- Hand sanitizer
- Tissue / toilet paper
- Nail clippers



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## First Aid and Medication

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- Personal prescription medicines
- Diamox (for altitude sickness)
- Pain relievers
- Bandages and blister treatment
- Antiseptic cream
- Water purification tablets
- Rehydration salts

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## Snacks and Energy Foods

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Energy levels drop quickly at altitude, so high-calorie snacks are helpful.

- Energy bars
- Chocolate
- Nuts and dry fruits
- Electrolyte powder

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## Documents and Essentials

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- Passport and copies
- Nepal visa
- Travel insurance (covers high-altitude climbing)
- Climbing permit
- Cash (Nepali rupees)
- Waterproof document pouch

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## Optional but Useful Items

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- Camera or smartphone
- Power bank



- Solar charger
- Journal and pen
- Lightweight book

## Cost Includes

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- 1.** Airport transfers on arrival and departure in Kathmandu.
- 2.** 4-star hotel accommodation in Kathmandu with breakfast.
- 3.** All necessary trekking and climbing permits (Rolwaling Restricted Area Permit, TIMS card).
- 4.** Experienced English-speaking Sherpa guide and climbing support team.
- 5.** Porters to carry luggage and climbing equipment during the trek.
- 6.** Full-board meals (breakfast, lunch, and dinner) during trekking and at base/high camps.
- 7.** Accommodation in teahouses and tented camps during the trek.
- 8.** All group climbing equipment (ropes, ladders, ice screws, harnesses, crampons, and tents).
- 9.** Acclimatization hikes and technical climbing training.
- 10.** Emergency oxygen and first aid kit.
- 11.** Helicopter or ground evacuation arrangement in case of emergencies.
- 12.** Welcome and farewell dinner in Kathmandu.
- 13.** Detailed pre-departure briefing and expedition support.

## Cost Excludes

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- 1.** International flights to and from Nepal.
- 2.** Personal trekking or climbing gear (down jacket, sleeping bag, trekking poles, boots, gloves, etc.).
- 3.** Travel insurance including high-altitude trekking and evacuation coverage.
- 4.** Nepal visa fee.
- 5.** Drinks, snacks, and personal expenses (laundry, Wi-Fi, mobile top-up).
- 6.** Tips for guides and porters (recommended but optional).
- 7.** Extra nights in Kathmandu due to flight delays or personal preference.

